



# APPALACHIAN REGIONAL INTERNAL MEDICINE SPECIALISTS

a practice of Appalachian Regional Medical Associates

Main level of the “Boone Point Building”

148 Hwy 105 Extension | Suite 104 | Boone, NC 28607

(828) 386-2746 | fax: (828) 386-2750

email: [appinternalmed@apprhs.org](mailto:appinternalmed@apprhs.org) | web: [apprhs.org/arims](http://apprhs.org/arims)



Thank you for choosing Appalachian Regional Internal Medicine Specialists as your healthcare provider. We look forward to seeing you at your appointment.

This new patient information packet includes directions to our office and contact information for you to keep for your records. Enclosed is the paperwork that you will need for your upcoming appointment. Please complete the paperwork and bring it with you at your appointment time. Our Billing & Insurance Information, Notice of Privacy Practices and Patient Bill of Rights & Responsibilities are available at the front desk or online at [apprhs.org](http://apprhs.org).

Appalachian Regional Internal Medicine Specialists, a practice of Appalachian Regional Medical Associates, treat the whole person, not just the illness. Our **internal medicine** services focus on prevention and wellness strategies, new treatment options and emerging health strategies. Our **rheumatology** services focus on diagnosis and treatment of rheumatic diseases including arthritis, autoimmune diseases and osteoporosis. Our **Women’s Health** services include Well Woman Visits which is an annual preventive care exam for adult women to receive comprehensive evaluation services, counseling and screenings. We offer Annual Wellness Visits to our Medicare patients.

Same-day acute care (sick or injured) appointments are available for established patients.

To schedule an appointment, please call (828) 386-2746 or send an email to [appinternalmed@apprhs.org](mailto:appinternalmed@apprhs.org). This email is for scheduling appointments only. Please do not send personal health information through email. If your email is received before 4:00 p.m., you will receive a call or email the same day.

Our office is available to you by phone from 7:00 a.m. - 5:00 p.m. Monday - Friday. If you have any questions, please call our office manager at (828) 386-2746.

To learn about the providers at this location, visit [apprhs.org/arims](http://apprhs.org/arims)

\_\_\_\_\_

*has an appointment with*

\_\_\_\_\_

Mon.  Tues.  Wed.  Thurs.  Fri.

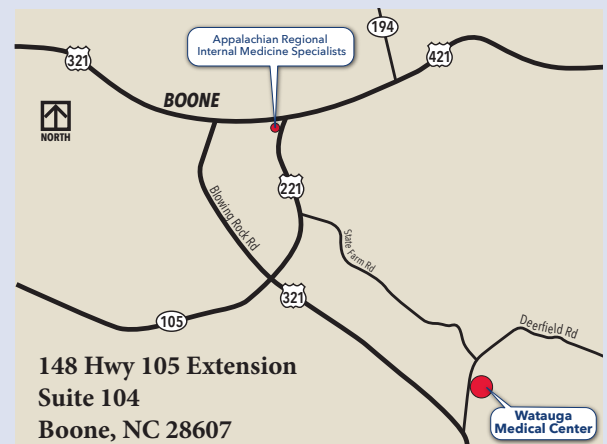
\_\_\_\_\_ date \_\_\_\_\_ a.m./p.m.

To reschedule your appointment, please call (828) 386-2746 or email [appinternalmed@apprhs.org](mailto:appinternalmed@apprhs.org).

## NEW PATIENT CHECKLIST:

For your first appointment please arrive 15 minutes early and bring the following:

- Insurance Card
- Pharmacy Information
- Medical Records
- Payment
- Current Medications/Prescription Bottles
- Questions for doctor
- Completed forms
- Photo ID





Patient Name \_\_\_\_\_  
 Date of Birth \_\_\_\_\_  
 Phone Number \_\_\_\_\_  
 Please Fill in or Affix a Patient Label

**Patient Name:** First \_\_\_\_\_ M/I \_\_\_\_\_ Last \_\_\_\_\_  
**Gender:**  Male  Female **Date of Birth:** \_\_\_/\_\_\_/\_\_\_ **Social Security #:** \_\_\_-\_\_\_-\_\_\_  
**Marital Status:**  Married  Single  Divorced  Separated  Widowed  Life Partner  
**Mailing Address:** Street- \_\_\_\_\_

City- \_\_\_\_\_ State- \_\_\_\_\_ Zip Code- \_\_\_\_\_

**Primary Phone #:** \_\_\_\_\_  Cell  Home  
**Secondary Phone #:** \_\_\_\_\_  Cell  Home  
**Work Phone #:** \_\_\_\_\_ **Employer/Occupation:** \_\_\_\_\_  
**E-mail:** \_\_\_\_\_  
**Emergency Contact:** \_\_\_\_\_ **Phone #:** \_\_\_\_\_

I consent to Appalachian Regional Medical Associates (“ARMA”) or its representatives:  
 calling my phone and leaving a message  e-mailing me  
 about balances due, financial assistance, appointments, pre-registration, lab results, and other healthcare information.  
 Methods of contact may include pre-recorded voice messages and the use of automatic dialing services.

**What is your ethnicity?**  Hispanic or Latino  Not Hispanic or Latino  
**Select one or more races to indicate what you consider yourself to be:**  Asian  White  
 American Indian or Alaskan Native  Black or African American  Native Hawaiian or other Pacific Islander  
 Other: \_\_\_\_\_

**Preferred language?**  English  Spanish  Other: \_\_\_\_\_

**How did you hear about us?**  
 Billboards  Doctor  Friends/Family  Magazine  Newspaper  Social Media  Radio  TV  
 ARHS Website  Other \_\_\_\_\_

**If patient is a minor please print Guardian Name:**  
 First: \_\_\_\_\_ M/I: \_\_\_\_\_ Last: \_\_\_\_\_  
 If patient has a guarantor (someone else responsible for the bill) please provide information below:  
**Patient’s relationship to Guarantor:** \_\_\_\_\_  
**Guarantor’s Name:** First: \_\_\_\_\_ M/I: \_\_\_\_\_ Last: \_\_\_\_\_  
**Mailing Address:** Street- \_\_\_\_\_  
 City- \_\_\_\_\_ State- \_\_\_\_\_ Zip- \_\_\_\_\_  
 Date of Birth: \_\_\_/\_\_\_/\_\_\_ Social Security #: \_\_\_-\_\_\_-\_\_\_ Phone #: \_\_\_\_\_  
 Employer: \_\_\_\_\_ Employer Phone #: \_\_\_\_\_

|   |   |
|---|---|
| Signature of Patient/ Legal Representative<br>▶           | Date:<br>Time:                            |
| Name of Patient/ Legal Representative (Please Print)<br>▶ | Relationship of Legal Representative<br>▶ |



# APPALACHIAN REGIONAL MEDICAL ASSOCIATES

Appalachian Regional Internal Medicine Specialists

Patient Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_  
Phone Number \_\_\_\_\_  
Please Fill in or Affix a Patient Label

## Medical History

Please list any hospital stays, surgical operations, or serious illnesses, starting with the most recent.

| Hospital stays, surgical operations, serious illnesses | Date | Hospital |
|--|------|----------|
| 1.   |      |          |
| 2.   |      |          |
| 3.   |      |          |
| 4.   |      |          |
| 5.   |      |          |

Have you ever received any blood transfusions?  Yes  No When? \_\_\_\_\_

Drug Allergies: (Please include type of reaction)  Yes  No

Drug Name \_\_\_\_\_ Reaction \_\_\_\_\_

Drug Name \_\_\_\_\_ Reaction \_\_\_\_\_

Latex Allergy

Contrast/ IV Dye/ Shellfish Allergy

Medication List:  None

(list names, dosages and frequency of all medications, aspirin, OTC meds and vitamins)

|       |       |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

### Social History:

Tobacco Use:  Yes  No  Never used

Cigarettes  Other tobacco \_\_\_\_\_ Year(s) Smoked \_\_\_\_\_ Pack(s)/day

Former tobacco use \_\_\_\_\_ Year(s) Smoked \_\_\_\_\_ Pack(s)/day

Alcohol Use?  Yes  No  Never used

If yes, how much?

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Illicit Drug Use?  Yes  No  Never used

If yes, please specify:

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Caffeine Use?  Yes  No  Never used (coffee, soda, tea)

If yes, how much?

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# APPALACHIAN REGIONAL MEDICAL ASSOCIATES

Appalachian Regional Internal Medicine Specialists

Patient Name \_\_\_\_\_  
 Date of Birth \_\_\_\_\_  
 Phone Number \_\_\_\_\_  
 Please Fill in or Affix a Patient Label

**Check if you have or family member has ever had, any of the following conditions:**

|  | You | Family |                     | You | Family |
|--|-----|--------|---------------------|-----|--------|
| Unexpected weight change of more than 10 lbs<br>In the past year |     |        | Asthma              |     |        |
| Serious problems with eyes or ears                               |     |        | Birth defects       |     |        |
| Persistent swollen glands/unusual lumps                          |     |        | Bleeding problems   |     |        |
| Breast lumps or unusual discharge                                |     |        | Cancer              |     |        |
| Irregular or fast heartbeat                                      |     |        | Lung diseases       |     |        |
| Chest pains or tightness   |     |        | Depression          |     |        |
| Frequent swelling of ankles or legs                              |     |        | Sickle cell         |     |        |
| Unusual skin problems or persistent sores                        |     |        | Diabetes            |     |        |
| Redness, severe pain or swelling of joints                       |     |        | Heart attack        |     |        |
| Frequent or severe back pain                                     |     |        | Heart disease       |     |        |
| Change in appetite   |     |        | High blood pressure |     |        |
| Difficulty swallowing  |     |        | High cholesterol    |     |        |
| Frequent or severe abdominal pain                                |     |        | Mental retardation  |     |        |
| Frequent nausea or vomiting                                      |     |        | Nervous breakdown   |     |        |
| Frequent or severe constipation/diarrhea                         |     |        | Seizures            |     |        |
| Blood in a bowel movement  |     |        | Stroke              |     |        |
| Black or tarry stools  |     |        | Thyroid problems    |     |        |
| Pain or burning with urination                                   |     |        |                     |     |        |
| Genital problems   |     |        |                     |     |        |
| Problems with pregnancy  |     |        |                     |     |        |

**What questions do you wish to ask the doctor?**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

**Do you have a living will or Health Care Power of Attorney?**  Yes  No  
 (If Yes please bring a copy with you to your appointment.)

|   |   |
|---|---|
| <b>I certify that the above information is correct to the best of my knowledge:</b> |   |
| Signature of Patient/Legal Representative<br>▶                                      | Date:<br>Time:                            |
| Printed Name of Legal Representative<br>▶   | Relationship of Legal Representative<br>▶ |
| Signature of Reviewer ( <i>OFFICE USE ONLY</i> )<br>▶                               | Date:<br>Time:                            |



# APPALACHIAN REGIONAL MEDICAL ASSOCIATES

Appalachian Regional Internal Medicine Specialists

**Affix a Patient Label**

## Authorization to Release and Consent

### Consent for Diagnostic and Treatment

I hereby request and consent to diagnostic and medical treatment given to me at Appalachian Regional Internal Medicine Specialists, a physician practice of Appalachian Regional Medical Associates, Inc. (hereinafter "ARMA"), which may include routine diagnostic procedures and medical treatment which my physician or another practitioner involved in my care considers necessary. I am aware that the practice of medicine (including surgery) is not an exact science, and no one has made any guarantees about the results of my treatments, examinations, or procedures.

### Certification, Assignment of Insurance Benefits, and Guaranty of Payment

I certify that the information I have given in applying for payment under Medicare, Medicaid, or any other government or private insurance program is correct. I hereby authorize payment of surgical and medical benefits directly to my physician and/or directly to ARMA, as applicable. I authorize ARMA to bill my insurer directly, and I assign to ARMA the right to receive all health and liability insurance benefits otherwise payable to me. I understand that I am financially responsible for, agree to pay, and guarantee payment in full of all charges for services provided to me by ARMA and my physician, even if such services are not covered by insurance. I also understand that my insurer may not pay the full amount of my charges, and I may be responsible (as the patient, spouse, or the parent of a minor child) for the amount not paid. I understand that my bill will be sent to my address on file unless I request my bill to be sent to a different address. I acknowledge that in addition to receiving a bill from ARMA, if I receive pathology, laboratory, or imaging services, I will receive a separate bill from the respective provider of those services. I authorize ARMA to act as attorney-in-fact (act with authority from me) for the limited purposes of: (1) billing directly and collecting benefits from any responsible third party through whatever means necessary; and (2) endorsing benefit checks made payable to me and/or ARMA or my physician. If collection efforts are needed to obtain payment from me for the services and supplies provided, I agree to pay the costs of such collection efforts, including reasonable attorneys' fees. I authorize payment of any refund of any overpaid insurance benefits to be made to the appropriate insurer in accordance with my insurance policy conditions or any applicable benefit provisions. If any refund is due to me, I authorize the application of such refund to any amount that I am personally legally obligated to pay for services provided by ARMA. I understand that any remaining credit due after payment of these outstanding amounts will be refunded to me.

### Use and Release of Health Information

I acknowledge that licensed physicians and other health care professionals involved in my care at ARMA may use and release my health information obtained during this visit for purposes of treatment, payment, and health care operations as stated in the ARMA Notice of Privacy Practices.

My health information, or information about payment for my medical treatment, may be shared with the following friends, family members, or authorized representatives:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_  
Limitations to disclosure (if any): \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_  
Limitations to disclosure (if any): \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_  
Limitations to disclosure (if any): \_\_\_\_\_

*Note: A separate form must be completed by the patient to release written health information (e.g., medical records) to family members, friends, or other authorized representatives.*



**APPALACHIAN REGIONAL  
MEDICAL ASSOCIATES**

**Appalachian Regional Internal Medicine Specialists**

**Affix a Patient Label**

**Acknowledgment of Receipt of Notice of Privacy Practices and Financial Information**

If I am a first-time patient, I certify that I have received a copy of the ARMA Notice of Privacy Practices. If I am a returning patient, I understand that a copy is available to me upon request. I have had the opportunity to review the ARMA financial information brochure.

**Appointment No-Shows and Late Cancellations- \$25.00 Fee**

Any patient who fails to arrive for a scheduled appointment, without prior notification 24 hours in advance, is considered a “no-show.” Patients must contact the office with at least 24 hours’ notice to cancel or reschedule their appointment to avoid being charged a \$25.00 fee. New patients that “no-show” two consecutive times to an appointment will be excluded from making future appointments with that provider. Established patients who “no-show” three consecutive times, or three times within a 12-month period, may be discharged from the practice.

I understand that this consent will automatically expire in one year. I also understand that I may revoke or withdraw my consent at any time by notifying ARMA in writing, but my withdrawal will not be effective for actions already taken based upon my consent. I understand and agree to the above releases, authorizations, consents, and assignments of benefits.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

*(Patient or legal guardian/authorized representative, if patient unable to sign)*

**Printed Name:** \_\_\_\_\_ **Relationship, if not patient:** \_\_\_\_\_

**Guardian or Representative, if any:** *(Please print name)* \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

*(Insured/Guarantor, if different from Guardian/Representative)*

**Insured/Guarantor, if any:** *(Please print name)* \_\_\_\_\_