

Watauga Medical Center Café Menu Week 4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Scrambled Eggs Bacon Sausage Patties Veggie Sausage Hash Brown Patties Grits Oatmeal White Gravy Biscuits Assorted Muffins	Scrambled Eggs Bacon, Egg & Cheese Croissant Bacon Turkey Sausage Smoked Sausage Tater Tots Grits Oatmeal White Gravy Biscuits Assorted Muffins French Toast Sticks	Scrambled Eggs Jumbo Sausage & Egg Biscuit Cheese Omelet Bacon Sausage Patty Veggie Sausage Fried Chicken Hash Browns Patties Grits Oatmeal Sausage Gravy Biscuits Assorted Muffins Jumbo Cinnamon Rolls	Scrambled Eggs Ham, Egg & Cheese Croissant Bacon Turkey Sausage Country Ham Home Fries Grits Oatmeal White Gravy Biscuits Assorted Muffins Blueberry Pancakes	Scrambled Eggs Jumbo Steak Biscuit Homemade French Toast Bacon Veggie Sausage Chorizo Sausage Tater Tots Grits Oatmeal Sausage Gravy Biscuits Assorted Muffins	Scrambled Eggs Sausage, Egg & Cheese Croissants Bacon Sausage Patty Veggie Sausage Fried Chicken Tater Tots Grits Oatmeal White Gravy Biscuits Assorted Muffins	Scrambled Eggs Assorted Danish Bacon Turkey Sausage Smoked Sausage Home Fries Grits Oatmeal Sausage Gravy Biscuits Assorted Muffins
Soup of the Day Baked Ham Chicken Tenders Sweet Potato Casserole Turnip Greens Sautéed Yellow Squash Cornbread Rolls	7 Bean Vegetarian Soup Hot Dogs Broiled Cod General Tso's Chicken French Fries Veggie Fried Rice Egg Rolls Steamed Edamame Cole Slaw Cornbread/Rolls Asst Cookies Blueberry Cobbler	Tomato Bisque Soup Beef Brisket Chicken Kiev Scalloped Potatoes Steamed Broccoli Steamed PEI Blend Cornbread / Rolls Assorted Desserts	Thai Style Chicken & Rice Soup Bowtie pasta w/Meat Sauce Kale Salad Cod Nuggets French Fries Buttered White Corn Turnip Greens Garlic Bread/ Cornbread/ Rolls Asst Cookies. Blackberry Cobbler	Vegetarian Vegetable Soup Roast Turkey Baked Sweet Potato Cajun Chicken Pasta Mac & Cheese Sautéed Yellow Squash Fresh Green Beans Fried Okra Cornbread/ Rolls Asst Cookies Chocolate Cake	Roast Pork / Gravy Chicken Fingers Mashed Potatoes Blackeyed Peas Collard Greens Buttered White Corn Cornbread Dinner Rolls Peach Cobbler	Soup of the Day Spaghetti w/ Meat Sauce Fish Sandwich French Fries Italian Blend Vegetables Garlic Bread/ Rolls Asst Dessert
Soup of the Day Meatloaf Mashed Potatoes/gravy Steamed Capri Blend Coleslaw Cornbread/ Rolls	Soup of the Day Fried Shrimp Curley Fries Corn O'Brien Chef's Choice Veggie Cornbread/ Rolls	Soup of the Day Chicken & Dumplings California Blend Veggie Cornbread/ Rolls	Soup of the Day Beef & Bean Burrito Spanish Rice Chef's Choice Veggie Cornbread/ Rolls	Soup of the day Baked Manicotti w/Marinara Sauce Chicken Tenders French Fries Steamed Broccoli Garlic Bread Rolls	Soup of the Day Oven Fried Pork Chops Baked Sweet Potato Pizza Green Beans Cornbread/ Rolls	Soup of the Day Cheddar & Chives Cod Baked Potato Buttered Corn Cornbread / Rolls